

## COVID19 Information and instructions (Exchange students)

**Keep in mind that due to COVID-19, regulations can change quickly.  
Make sure to keep yourself updated.**

**Have your insurance contacts at hand and  
familiarize yourself with the procedures of your insurance provider.**

### Entry regulations in view of COVID19

Depending on where you are arriving from, certain restrictions may apply to you when you enter Austria. Check <https://international.uni-graz.at/en/international-arrivals-covid-19-info/> for details.

**Please contact the Austrian representative authority in your home country before travelling to Austria to find out which rules apply to you!**

### Local/regional travel

A face-mask (German: Mund-Nasen-Schutz [MNS]) covering mouth AND nose must be worn in all forms of public transport and taxis, pharmacies and doctor's offices as well as post offices and grocery stores/super markets.

*This list may change / be extended at any time by the authorities – make sure you keep up to date with the information. The Austrian ministry provides up to date information at [https://www.sozialministerium.at/en/Coronavirus/New-coronavirus-\(COVID-19\).html](https://www.sozialministerium.at/en/Coronavirus/New-coronavirus-(COVID-19).html).*

### Protective measures

- **Wash your hands frequently!**
- **Maintain physical distance of at least 1 meter between you and other people!**
- **NO handshakes or hugs**
- **Do not touch eyes, mouth and nose!**
- **Practice respiratory hygiene!**
- **Avoid large gatherings, pay contactless, make reservations where possible.**
- **If symptoms occur, do NOT come to university, do NOT even leave your home. Call the **hotline 1450** who will provide you with further instructions.**



## Welcome Events

Practice physical distancing throughout the welcome events:

- **Outdoors:** make sure you keep at least 1 meter away from other people. Wherever this is not possible, wear a face-mask.
- **Indoors:** Wear a face-mask whenever inside. Enter buildings/rooms in an orderly fashion maintaining physical distance. Follow the instructions of staff at all times.

## Office of International Relations

We are looking forward to of course also provide individual advice and guidance during office hours.

In order to avoid larger gatherings of students and to follow distancing guidelines, we kindly ask students to proceed as follows when seeking an appointment at the Office of International Relations:

- Make an appointment by contacting your IRO contact person
- Be on time for your appointment
- Present yourself at the office and complete the contact tracing form
- Wear a face-mask

## Other offices at the university

Offices will handle COVID19 regulations differently. Students are advised to always have a face-mask with them, use disinfectant where-ever available, be on time for appointments and follow the instructions of university staff at all times.

## COVID19 related Contacts

- **AGES** answers questions on the topic of coronavirus (general information about how it is passed on, symptoms and prevention) seven days a week on **0800 555 621**.
- **Health hotline 1450:** If you have genuine symptoms (a high temperature, a cough, shortness of breath), stay at home and call the 24-hour health hotline **1450** to receive information on the next steps.
- **Hotline for questions related to care and support Styria:** The hotline **0800/500 176** offers information in relation to 24-hour care and looking after family members when the carer(s) are unavailable or there are other problems due to the coronavirus measures.

## Additional health-related contacts

- **Doctors in Graz:** You can search for doctors on <https://www.aekstmk.or.at/46>. Instructions on how to search on the German search engine are provided at [https://static.uni-graz.at/fileadmin/bib/downloads/studierende/incoming/medical/bibwww\\_doctorsearch\\_en.pdf](https://static.uni-graz.at/fileadmin/bib/downloads/studierende/incoming/medical/bibwww_doctorsearch_en.pdf)
- **Other emergency contacts:**
  - European emergency number 112
  - Fire department 122 / police 133 / ambulance 144